Consuelo Frederick

LP 71B Upper Rich Plain Road

Diego Martin

Mobile contact: 1(868) 301-3748\758-7611

The Human Resource Department

**To whom it may Concern**

I Ms. Consuelo Frederick of the above address am seeking employment at your organization.

I am diligent, hardworking, conscientious, reliable and responsible individual. Additionally, I am a team player and can function well with colleagues. Furthermore I am willing to learn and can quickly assume any role that you deem me fit for.

Attached you will find a copy of my CV and a letter of recommendation. I can be available for an interview at your earliest convenience.

Yours Respectfully,

CONSUELO FREDERICK

**Consuelo Frederick**

**Personal Data**

**Address:** LP 71B Upper Rich Plain Road Diego Martin

**Mobile:**  301-3748\758-7611

**Date of Birth:** February 25th, 1972

**National ID:** 19720225030

**National Insurance**: 00 111 79 47

**Career Objectives**

* To be an integral and key team player in an organization poised for development and growth.
* To be able to contribute to this growth strategy and development in a way that benefits both company and self.
* To interact with customers\clients in a professional, yet friendly manner.

**Educational Background**

|  |  |  |
| --- | --- | --- |
| **YEAR** | **INSTITUTION** | **COURSE\SUBJECTS** |
| 1986 - 1998 | St. James Secondary School | English Language  Mathematics  Principles of Business |
| 1984 - 1986 | Diego Martin Junior Secondary School | English Language  Mathematics  General Science  Art & Craft  Social Studies |
| 1997 - 1984 | Mucarapo Girls RC Primary School |  |

**Professional Development**

* 2008- Certificate- Small Business Management

**Achievements**

* I had my own Band for one Carnival Season and I sold some of my designs in England for the Nothingham Carnival.

**Employment History**

**2009-2010** Woodford Café’ Fiesta Plaza Movie Towne

**Hostess\Sever\Bartender**

**2008-2009** China Town Foods

**Assistant Supervisor\Cashier**

**2003- 2004** Tony Romas Port of Spain

**Hostess\Waitress**

**2002-2003** Slots St. James, owner Donny Hadeed

**Hostess**

**1999- 2001** T.G.I Friday Port of Spain

**Hostess\Waitress\Bartender**

**1997- 1999** Chaguaramas Military Museum

**Tour guide**

**1992- 1997** Poison Mass Camp, Band Leader Michael Headly

**Costume Coordinator**

**1989- 1991** Chez Moi Night Club, Owners Brian and Robert Mc Farlane

**Bartender\ Promoted to Supervisor**

**Personal Interests**

* Dancing
* Reading
* Craft
* Volunteer Work
* Meeting new people and making new friends.

**References**

* Rodney Jagganath

School Teacher

868 713-5530

* Ryan Mongroo

Land Lord

868 751-9167